

## Monica Nicolescu

Monica Nicolescu is a Senior Consulting Associate for Blanchard Romania and a certified professional coach with expertise in the psychology of peak performance. She is an Professional Certified Coach (PCC) certified by International Coach Federation (ICF).

She brings a result-oriented approach in her interactions with teams and individuals, listening to their business needs and helping them overcome any challenges. She develops workshops centered around career transition, career planning or starting a new business. She is an experienced facilitator - working with ICF Romania in training other coaches so they can develop and master their coaching abilities for their future certification.

Her analytical experience together with her listening skills create a unique combination of passion and pragmatism in her work as coach. She always brings positive energy into coaching relationship and sustains her clients in their actions to achieve their desired objectives. Monica's background is in project management in one of the biggest IT companies in the country and as a result, she has a good understanding of the challenges that managers face daily.

Her coaching areas of expertise are Change Management, Leadership and Performance. She helps professionals with leadership potential to prepare for their future roles and managers who are undergoing difficult transitions to deliver fast and visible results.

Monica is certified and she is using Blanchard methodologies in her work: SLII Experience, Coaching Essentials, Giving Feedback, Challenging Conversations, Building Trust, First time Manager, Team Leadership.

Monica is also Associate Professor at Bucharest Business School, INDE MBA Programme. She graduated from Academy of Economic Studies, specializing in Economy, Cybernetics and Statistics.

## Clients

- Alpha Bank Avenor Avangate Accesa Banca Transilvania Celestica **Continental Hotels** EMAG Farmaciile Dona
- GSK Hella Romania **NN** Insurance Penosil Plexus Rompetrol Schneider Electric Ubisoft

## Testimonials

"Monica Nicolescu proved a high level of expertise in the area of human resources, with very good coaching, communication and training skills."

Iuliana Morlova, Human Resources Manager

"We appreciate at Monica the practical business expertise, the facilitation and coaching skills, the mature understanding of the dynamic and processes within the teams, the flexibility of the learning process and the positive energy she always brings in the classroom."

Sorin Voicu, Head of Training Department



